

CITY OF LONG BEACH Department of Health and Human Services

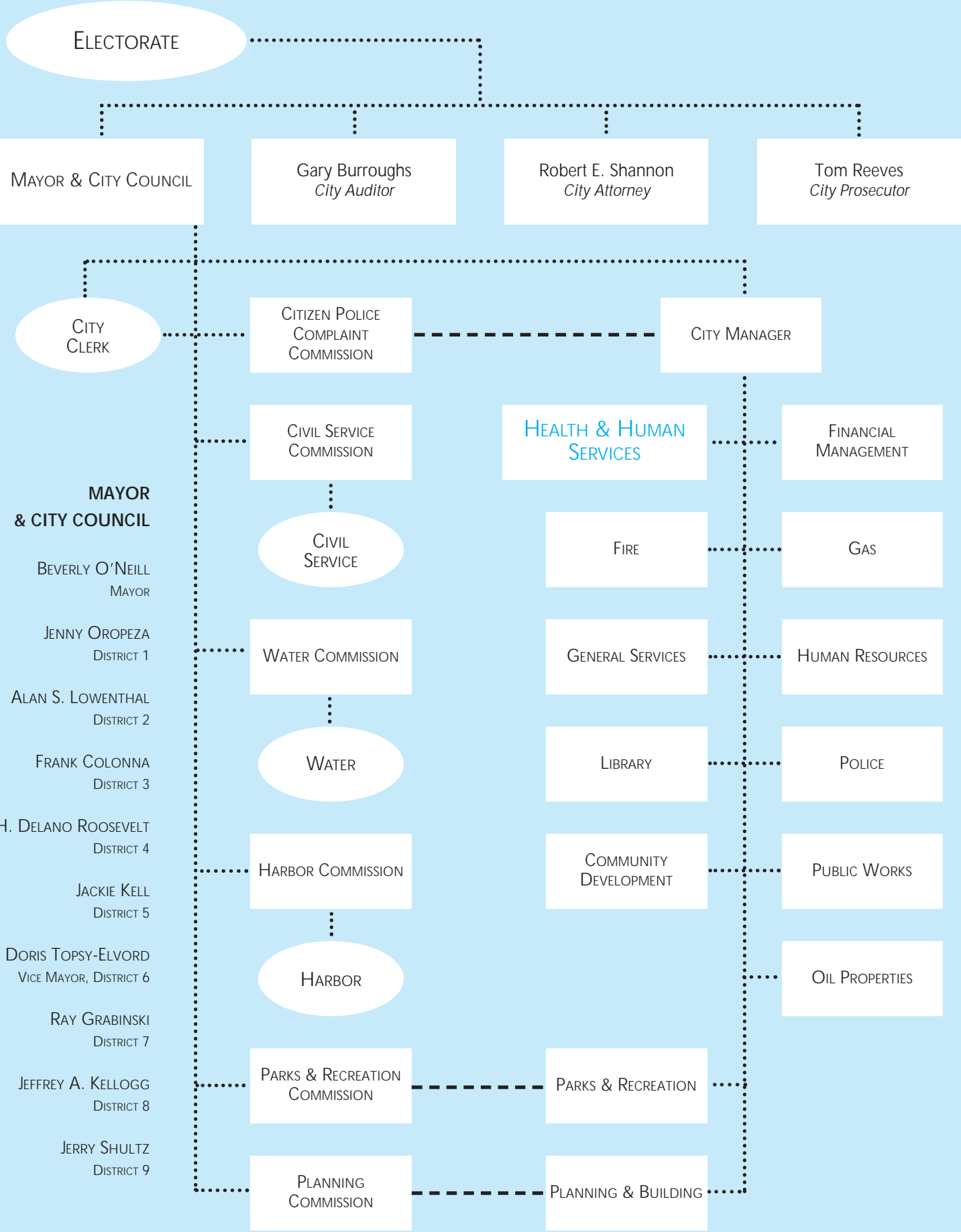
# OVERVIEW

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Our mission is to improve the quality of  
life of the citizens of Long Beach by  
addressing the public health and human  
service needs ensuring that the  
conditions affecting the public's health  
afford a healthy environment  
in which to live, work and play.



CITY OF LONG BEACH ORGANIZATION CHART



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& CITY COUNCIL**

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VICE MAYOR, DISTRICT 6

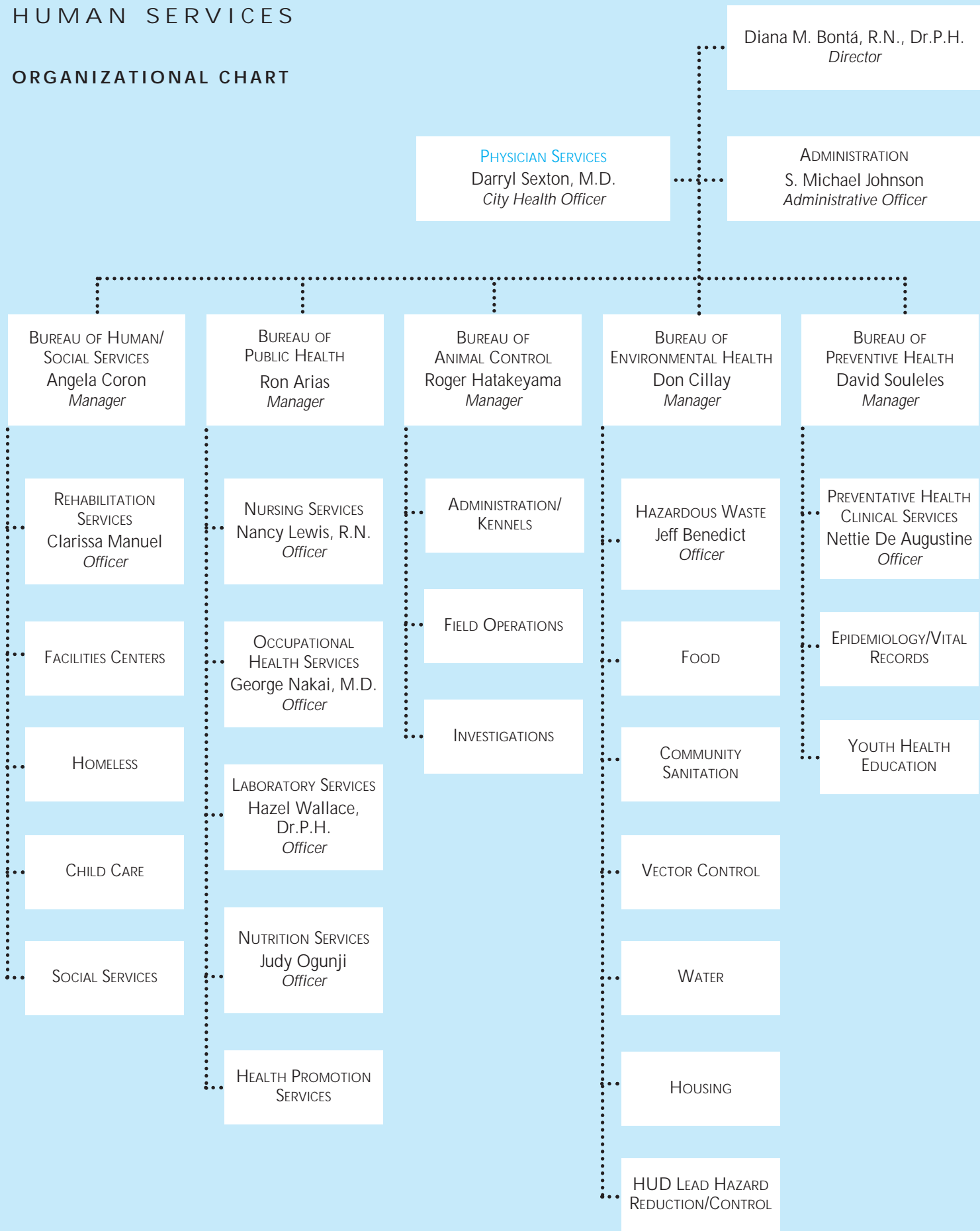
RAY GRABINSKI  
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JEFFREY A. KELLOGG  
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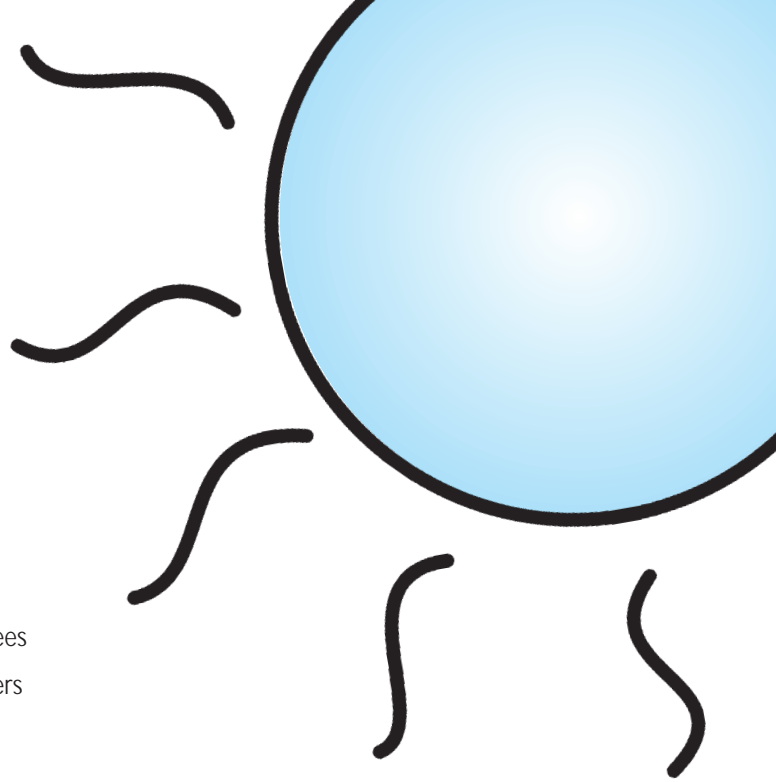
DEPARTMENT OF HEALTH AND  
HUMAN SERVICES

ORGANIZATIONAL CHART



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## INTRODUCTION

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The City of Long Beach-Department of Health and Human Services was established to address the public health and human service needs in the City of Long Beach. These services focus on the promotion of wellness and the prevention of communicable disease. The Department operates separate and apart from the Los Angeles County Health Care system, which is responsible for indigent personal and primary health care. The City's Department of Health and Human Services is one of only three City-operated independent health jurisdictions (the other two being Pasadena and Berkeley), which provides for the availability of locally designed and controlled programs to meet the special needs of the residents of the City of Long Beach.

The protection of the public is a fundamental responsibility of local government. High priority must be given to measures which protect and promote the health of the public. Public health, when it is functioning properly, is largely invisible. Public health activities are dependent upon the understanding and support of the public and the political decision-makers as well as the professionals in the health care field. The mission of a local health department is to take leadership in assuring a healthy community. This is accomplished by promoting, protecting and preserving health through advocacy and organized community efforts. In Long Beach, the Department of Health and Human Services contributes to the health of the community through the promotion of disease and injury prevention for all the City's residents.

**The City of Long Beach intends to provide reasonable accommodations in accordance with the Americans with Disabilities Act of 1990. If a special accommodation is desired, please call (562) 570-4012, 48 hours prior to service.**

**This information is available in an alternate format.**

## DEPARTMENT PROFILE

As noted, the City maintains its own municipally operated Health Department. Recognized as an independent local health jurisdiction within the State, the Long Beach Department of Health and Human Services is responsible for all aspects of preventive and public health services within the City. Using a combination of local, state, and federal funds, in addition to various fees and third party payments, the Department supports an operating budget of \$26,315,513 and operates a variety of individual public health programs. Currently, the Department has 420 individuals on staff (222 City Employees and 198 consultants/contractors).

The Department is composed of five Bureaus: Public Health, Preventive Health, Environmental Health, Animal Control, and Human/Social Services. The Director of Health and Human Services is responsible for the overall administration of the Department. The City Health Officer has direct supervisory responsibility for physician services and statutory authority for ensuring compliance with the public health provisions of the Health and Safety Code.

The Department has provided the majority of its services from a central facility located at 2525 Grand Avenue. The Department provided 458,377 patient/client visits in fiscal year (FY) 1996-97. While the Department does offer some outreach programs at several other locations, the vast majority of services are provided at the Grand Avenue facility. The operations at North, Central and West Facilities Centers will be discussed within the section regarding the Bureau of Human/Social Services.

The City of Long Beach is the fifth largest City in the State of California. It is located in an urban area on the southern most tip of Los Angeles County, with a current population of 429,433 (1990 census) residents. Current demographic projections indicate there are 50% Anglo, 24% Hispanic, 13% Asian and Pacific Islander, and 13% Black residents in Long Beach.

## BOARD OF HEALTH AND HUMAN SERVICES

The Director of the Department provides staff support to the fifteen member Board of Health and Human Services. The Board serves as an advisory body to consult with and advise the Council, the City Manager and the Department on any matters relating to the following:

- a. annual funding of social services to community-based organizations;
- b. public health in the city, including the health of victims of crimes and health services related to prisoners of the city jail;
- c. community health and safety issues concerning control and protection of all animals within the city; and
- d. general issues connected with administration of a public health department.

The Board may conduct, when deemed necessary or advisable, hearings and investigations of matters pertaining to public health and social service affairs of the City, and to report any findings or recommendations to the proper authorities for action.

## BUREAU OF PUBLIC HEALTH

The Bureau of Public Health provides services to the general public and to 5,000 employees of the City of Long Beach. Public health services strive to improve the quality of life of the citizens of Long Beach by preventing communicable disease morbidity and reducing injury in the workplace. Services include maternal and child health, communicable disease control, health services for the elderly, public health nursing field services, public health laboratory, tobacco control services, and occupational health medical clinic.

## MATERNAL AND CHILD HEALTH PROGRAMS

The Department offers several programs designed to meet the needs of women and children.

### Comprehensive Perinatal Services Program (CPSP) Clinic

This clinic provides comprehensive perinatal care for low income, Medi-Cal eligible women. Services include obstetrical care from conception to 60 days post-partum, nutrition, health education and psychosocial services, as well as prenatal vitamins and mineral supplements. Patients deliver at local hospitals. Approximately 900 women a year receive CPSP services. Comprehensive perinatal care is also offered on a fee for service basis.

### Maternal Child and Adolescent Health Project

This project is responsible for assessing and assuring that the health needs of women and children in the community are met. A Maternal Child Health Director conducts assessment and develops strategies to address community needs. A Comprehensive Perinatal Services Coordinator provides outreach to the medical community to encourage participation in CPSP services to address the needs of pregnant Medi-Cal patients. In addition, the Department maintains a toll-free MCH referral line to link patients to prenatal care, Child Health and Disability Prevention clinics, the WIC Program, California Children's Services and Family Planning Services. Maternal Child Health

(MCH) and Black Infant Health special project funds provide services to increase access to prenatal care for African-American women and reduce infant mortality in the African-American Community Outreach, Social Support and Empowerment, and Prevention Model interventions.

### Maternal Child Health (MCH) - Role of Men Program

This project provides education and training to the male partners of "high risk" pregnant women. A major goal of the project is to enhance the effectiveness of the new fathers in contributing to the physical, mental, and social health of their families. The educational and training curriculum includes: parenting, health care needs of women and children, conflict mediation, domestic violence prevention, and career development.

### Child Health and Disability Prevention Program (CHDP)

Periodic health assessments and immunizations are offered for low-income and Medi-Cal eligible children ages 0-21 through the Child Health and Disability Prevention Program Clinic. Health education, counseling, treatment, referral and follow-up are included.

### Perinatal Outreach and Education Program

This project identifies and screens pregnant women for medical risk factors and Medi-Cal eligibility. Patients are given assistance with Medi-Cal applications and are referred to appropriate prenatal care providers and support services as indicated. Assistance is available to resolve problems relating to Medi-Cal eligibility and certification to ensure access to early and continuous prenatal care. 1,181 women were served in FY 1996-97. Included in the program is client outreach, community education, and case management services.

### Pediatric Immunizations

Central to the Department's public health efforts is the immunization program which provides low cost, or free pediatric immunizations. The Department offers regularly scheduled immunization services and periodic special immunization clinics. In FY 1996-97, the Department provided 55,727



immunizations to pre-school and school-age children. In addition, the Department administers funds to community clinics to provide immunizations; administers the Southeast Asian Children's Immunization Project; and coordinates the Long Beach Immunization Tracking and Information System.

#### **Childhood Lead Poisoning Prevention Program (CLPPP)**

Children who are identified as having elevated blood lead levels by CHDP providers and local physicians, receive Public Health Nurse case management services which includes an assessment of the environment and child's development to identify sources of lead ingestion. Counseling regarding measures to reduce exposure to lead sources is provided for families. Recommendations for lead hazard reduction are made as indicated. Other susceptible children in the environment are identified, tested, and receive case management. Community education and outreach are provided.

#### **Child Health and Disability Prevention (CHDP) Administration**

The Department provides administrative oversight for the CHDP program in Long Beach. This program ensures access to preventive pediatric health services for low-income children and Medi-Cal recipients. Included in the program is provider recruitment, client outreach, community education and case management services.

#### **Family Planning Clinic**

Comprehensive family planning services including counseling, contraceptive services and follow-up are provided for low-income men and women.

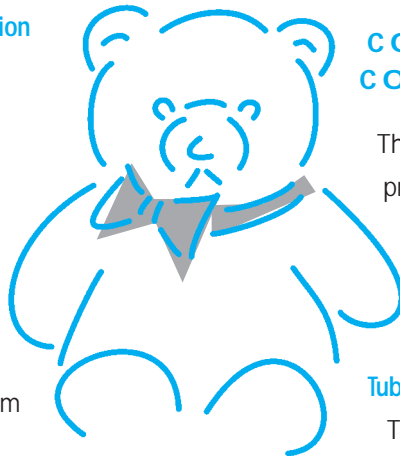
#### **Dental Health Services**

The "Smile Bright" Dental Disease Prevention Program provides a comprehensive school-based dental disease prevention program. This program includes classroom dental education in which students participate in supervised daily flossing and

brushing activities. 4,233 children in 8 schools participated in FY 1996-97.

## **NUTRITION SERVICES**

Nutrition Services, emphasizing community-wide health promotion and disease prevention, as well as nutritional care for individuals, is provided in a variety of settings within the Department. These settings include programs which serve mainly adults and the maternal, child and adolescent population. Available services include nutrition education, individual and group nutrition counseling, breast feeding education and support, and community outreach. Supplemental foods and services are offered through the WIC Program for pregnant and post-partum women, infants, and young children at nutritional risk. Clients are encouraged to have regular health screenings and are referred to community resources.



## **COMMUNICABLE DISEASE CONTROL**

The Department maintains a number of programs to treat and arrest the spread of communicable diseases in the community. The operational programs include the following:

#### **Tuberculosis (TB) Control Program**

The Tuberculosis Control Program offers screenings, examination, diagnosis, treatment, and follow-up for Tuberculosis. TB skin tests are provided on a walk-in basis and are also included as part of the health screening offered in a variety of clinic settings, including CHDP, Prenatal, and Refugee. Preventive chemotherapy is offered to patients with Tuberculosis infection. Treatment and management of patients with Tuberculosis disease is provided. Contact investigation and epidemiologic follow-up are included in control efforts. Community education and outreach are provided for special population groups at risk of developing Tuberculosis. In FY 1996-97, 24,013 TB-related clinic visits were provided.

### Other Communicable Diseases

Diagnosis and treatment of communicable diseases are provided through the Department's Communicable Disease Clinic. Services include treatment for head lice, scabies, and parasitic infections; diagnosis of rash related illness; and prophylaxis for contacts to Hepatitis, Measles, and Meningitis. 108 persons came to the Communicable Disease Clinic for treatment in FY 1996-97.

### Refugee Health Services

Screening for communicable disease, treatment for Tuberculosis and health assessment services are provided for newly arriving refugees. Hepatitis B prevention services are offered to refugee women and their families. In FY 1996-97, 131 refugees received health assessment services.

### Perinatal Hepatitis B Prevention Program

Case management services are provided to the newborns and families of women who were identified during their pregnancy to be Hepatitis B carriers. Prevention of perinatal transmission of hepatitis B is the primary goal, along with prevention of household transmission. Screening and immunization services were provided to the newborns and contacts to 64 newly identified pregnant hepatitis B carriers in FY 1996-97. The entire household is tracked for 18 months.

### Travel Immunizations

Travel immunizations are offered to clients traveling to foreign countries where certain immunizations may be required or recommended by the CDC for prevention of diseases such as typhoid, yellow fever, hepatitis A and B, meningitis, Japanese encephalitis, cholera, measles, polio and malaria. In FY 1996-97, a total of 1,920 clients received services in this clinic.

## HEALTH SERVICES FOR THE ELDERLY

Funding for this program is provided by Long Beach Memorial Medical Center (LBMMC) with matching funds from the City. Health assessment, health screening and risk reduction counseling services are provided by a nurse at the Long Beach

Senior Center and at selected community sites on the Senior Mobile Van. Physical exams and Pap smears are provided by the Nurse Practitioner Program from California State University, Long Beach. A podiatrist provides foot care and a volunteer audiologist and ophthalmologist provide vision and hearing screening. A volunteer dentist provides oral screening. Referrals are provided to community health care providers. Health education, pharmacy, and audiology services are provided by staff from LBMMC. In addition, physicians and nurses from LBMMC provide primary care and health screening. 6,570 Seniors received services in FY 1996-97.

## PUBLIC HEALTH NURSING FIELD SERVICES

The Public Health Nursing (PHN) unit offers counseling and medical case management to high risk patients and their families. Patients are referred to the Public Health Nurse from various clinics within the Department, community hospitals, private physicians, social service agencies, neighbors, and family members. Public Health Nurses visit referred patients in their homes, assess family health needs, and provide health education, counseling, and referral to appropriate community agencies and services. 5,167 field visits were made in FY 1996-97.

## PUBLIC HEALTH LABORATORY

As a state certified public health and federal CLIA licensed clinical laboratory, this facility offers diagnostic testing support to all of the Department's public health functions, including testing of water, dairy and food samples associated with Environmental Health's monitoring activities. The laboratory is also involved in the statewide mosquito-borne disease surveillance program. A new and major activity last year was the establishment of the environmental lead testing laboratory capability to support the new HUD Lead Hazard Reduction and Control Program. National accreditation by EPA/AIHA for lead testing proficiency has been achieved. State approval for blood lead testing for HUD, CHDP and MCH programs was granted last year.



This laboratory plays a critical role in other public health programs, such as HIV/AIDS testing and the Sexually Transmitted Diseases, Tuberculosis and Prenatal Clinics. A major upgrade to provide state-of-the-art diagnostic services for rapid tuberculosis detection and identification was made recently with BACTEC and HPLC methodologies. Increased levels of laboratory services were provided to meet the enlarged patient populations in Prenatal Clinic for the past three years. We are currently starting on a new project to support the STD and PN programs in their new Family Planning Clinics.

Another major exciting development in the laboratory this year is the implementation of the new Amplified DNA technologies, which provide the most accurate and sensitive of all known test procedures. We are providing tests for several STDs at the current time and will establish tests for Tuberculosis and HIV/AIDS at a later date.

These and other reference testing services are available to community health care providers, including physician groups, HMOs, clinical and hospital laboratories. In FY 1996-97, nearly 70,000 tests were conducted by the Public Health Laboratory in support of the Department's programs.

## HEALTH PROMOTION SERVICES

Health Promotion Services provides comprehensive health/wellness promotion services to both local service agencies and the general community, encompassing such areas as hypertension, and tobacco use prevention/cessation. It offers technical assistance, support materials, and training to community service agencies and provides programs directly to the general population. The program is estimated to effect, potentially, all City residents, including children.

### Tobacco Education Program (TEP)

The Department has been designated by the California Department of Health Services as a Local Lead Agency for the development and implementation of a Comprehensive Tobacco Education Program for the City of Long Beach. The program is funded entirely by a State Grant that generates its revenue

through a \$.25 tax on tobacco products, a result of the passage of Proposition 99 in 1988. Since the TEP's inception in 1989, the Department has received just under \$2 million to administer, develop and implement the Comprehensive Tobacco Control and Education Plan for the City. The Plan focuses on preventing youth access to tobacco, countering the tobacco industries strategies and reducing environmental tobacco smoke (secondhand smoke) and providing cessation classes and information to quit smoking. The program's goals are carried out by the Tobacco Education Program staff through various educational, preventive and intervention activities throughout the community. An additional responsibility of the TEP is to maintain compliance procedures for both the City's strong Smoking Ordinance and AB 13, the California State No Smoking Law for smoke-free work sites, restaurants and public places.

The "Coalition for a Smoke-Free Long Beach" is a community coalition that assists the TEP in implementing the Comprehensive Tobacco Education Plan. The coalition is comprised of concerned citizens, physicians, dentists and representatives from major voluntary health agencies, hospitals and community-based organizations that provide services to target populations identified by the State.

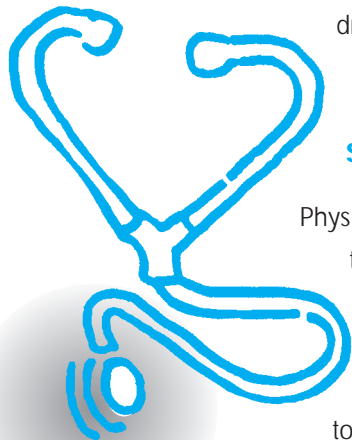
The target populations include school age youth, out of school youth under the age of 19, women, African-Americans, Latinos, Asians, Native Americans and current smokers. TEP works with the Department's clinics to provide tobacco education and interventions to these target population groups. Many of TEPs preventive materials and presentations have been incorporated into the clinics protocols for serving patients on a daily basis.

A major public awareness campaign is being undertaken by the TEP to educate the public about the tobacco industries' strategies to reach and hook youth as its next generation of smokers addicted to nicotine.

## OCCUPATIONAL HEALTH

The Occupational Health Program provides pre-employment medical screenings, industrial injury treatment and disability determination for the

employees of the City of Long Beach. This program also offers services such as injury reduction in collaboration with the City Safety Officer to City employees. In FY 1996-97, this program conducted approximately 1,100 pre-employment physicals and provided 8,500 industrial injury visits and miscellaneous procedures such as vision and hearing testing, immunizations, physical therapy, and drug/alcohol testing.



## PHYSICIAN SERVICES

Physician Services, under the direction of the City Health Officer, ensures adequate physician services and consultation to the various public health,

maternal-child health, communicable disease and sexually transmitted disease clinics. It provides clinical oversight in the areas of communicable disease surveillance, epidemiological investigations and environmental health exposures.

Physician Services provides medical services to inmates in the City jail facility, under the In-Custody Police Medical Program. Approximately 10,000 jail inmates are examined each year to maintain their health and to prevent illness or other health complications during their short-term in-custody stay. The Sexual Assault Victims Program is the second Police Medical program administered by Physician Services. This program has the mission to ensure timely emergency evaluations and treatments for victims of sexual assaults and to collect forensic specimens which are required to successfully prosecute the assailant. In 1996, 164 initial and 19 follow-up examinations were rendered under the Sexual Assault Victims Program.

## BUREAU OF PREVENTIVE HEALTH

The Bureau of Preventive Health provides sexually transmitted disease (STD) treatment and HIV/AIDS early intervention services, HIV/AIDS and sexual

health education and training programs, teen pregnancy prevention programs, monitoring and reporting of communicable disease, birth and death registration, and field epidemiology services. The Bureau also coordinates HIV and STD prevention and care planning efforts for the City and serves as fiscal agent for the Long Beach HIV CARE Consortium (the City's Ryan White CARE Act planning body).

## PREVENTIVE HEALTH CLINICAL SERVICES

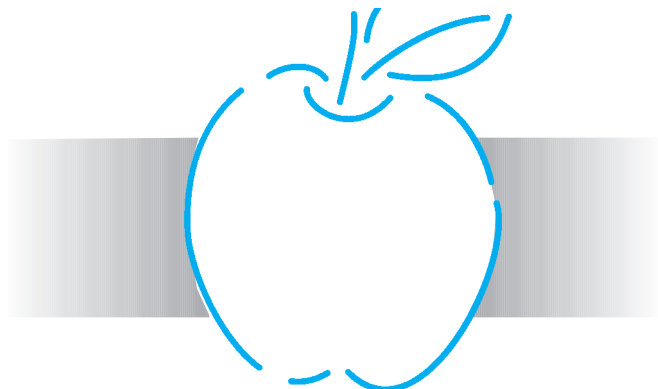
### Sexually Transmitted Disease (STD) Clinic

The goal of the STD Clinic is to reduce the incidence of STDs through comprehensive diagnosis, treatment, contact investigation, and prevention activities. A diverse staff including physicians, nurses, medical assistants, and counselors provided over 7,900 client visits in FY 1996-97.

### California Community Health Outreach Project

The California Community Health Outreach Project (CHOP) is a statewide multi-site STD disease prevention and treatment program coordinated by the State of California Department of Health Services Division of Communicable Disease Control/Sexually Transmitted Disease Program. The goal of CHOP is to reduce the incidence of STDs, HIV, tuberculosis, and other communicable diseases among high-risk individuals and their sex partners who are disenfranchised and have limited access to health services.

The CHOP Program began in March 1995, and provides STD clinical services, education, and outreach in the community utilizing a fully equipped mobile clinic facility (a converted bus). The mobile clinic facility will be staffed by Department STD Clinic



staff and State of California Disease Intervention Specialists. Community outreach for the Mobile Clinic is provided by California State University-Long Beach, Center for Behavioral Research and Services. To date, the Mobile Unit has provided over 1,500 client visits.

### HIV Testing

Anonymous and confidential HIV antibody testing is provided by the Department. Confidential testing is available to the community through Preventive Health Clinical Services and anonymous testing is available through Alternate Test Sites located in Preventive Health Clinical Services and at ONE in Long Beach, Inc. The Department subcontracts with ONE In Long Beach, Inc. to provide this additional site in the community for anonymous HIV testing. Risk assessment counseling and disclosure counseling are provided to clients as part of the test. HIV antibody testing is provided free of charge.

HIV antibody testing services are funded through a grant from the State of California Department of Health Services/Office of AIDS.

### HIV Early Intervention Program (EIP)

The goal of EIP is to delay the onset of symptoms associated with HIV infection and to support health maintenance and HIV risk reduction efforts of EIP clients. Services provided to HIV positive clients include medical management, HIV health education and risk reduction consultation, psychosocial assessment, and case management. Services are provided regardless of ability to pay.

Funding for these services is provided by a grant from the State of California, Department of Health Services/Office of AIDS and by Ryan White CARE Act Title I grants provided by the County of Los Angeles Department of Health Services/AIDS Programs and Policy.

### HIV/AIDS Case Management

The Department provides HIV/AIDS case management services to HIV infected and AIDS diagnosed people in the Long Beach area. After initial screening and needs assessment, clients are provided with ongoing information, referral, and direct linkage to a wide array of community HIV services.

Transportation assistance is available to qualified persons. Benefits counseling is also available.

Three case managers provide these services for the Department. One case manager is located at the Department's EIP Program and serves clients of the EIP. The other two case managers provide case management services to clients referred from the STD and Tuberculosis clinics as well as to clients in local area residential housing programs.

Funding for this service is provided by a Ryan White CARE Act Title I grant provided by the County of Los Angeles Department of Health Services/AIDS Programs and Policy.

### AIDS Drug Assistance Program (ADAP)

The AIDS Drug Assistance Program provides HIV medications to qualified applicants. Medications may be free of charge or provided at a reduced rate depending on applicant eligibility. Eligibility criteria include a demonstrated financial need and/or absence of private or Medi-Cal health insurance. ADAP is coordinated through the Early Intervention Program and drugs are dispensed through a local pharmacy.

Funding for the AIDS Drug Assistance Program is provided through the State of California Department of Health Services/Office of AIDS.



## PREVENTIVE HEALTH EDUCATION AND PREVENTION SERVICES

### HIV/AIDS Education and Prevention Program

HIV/AIDS education and prevention services are provided by the Department to at-risk populations in Long Beach. Populations targeted include adolescents in high school, out-of-school Latino male youth

(Project OSITO - Out of School Individuals Teaching Others) and at-risk Latino youth (Project OSITA - Our Sisters Increasing Their AIDS Awareness). Services are also provided to the general public on an as needed basis. Court referred HIV education classes are provided the last Tuesday of each month. Services provided include: outreach activities, community presentation, population-specific risk reduction sessions, and peer provided risk reduction programs. The Department subcontracts with California State University-Long Beach, Center for Behavioral Research and Services and ONE in Long Beach, Inc. to assist in providing prevention services targeting young men who have sex with men and drug users.

The HIV/AIDS Education and Prevention Program is funded by grants from the State of California Department of Health Services/Office of AIDS and the County of Los Angeles Department of Health Services/AIDS Programs and Policy.

### **SAFE Program**

The SAFE (Sexual Abstinence/Awareness Family Education) Program is a teen pregnancy prevention program funded by a grant from the State of California, Office of Family Planning. Multi-session presentations are conducted at middle schools, high schools, and community centers. Session topics included self-esteem, decision-making, media influence, anatomy, birth control methods, and STDs/HIV.

## **COMMUNITY CHALLENGE GRANTS PROGRAM**

### **Peer Advocates Teaching Healthier Solutions (PATHS)**

The Community Challenge Grant Program is an information, education, and prevention program funded by a grant from the California State Department of Health Services. The goals of the program are to reduce the number of teenage and unwed pregnancies, and to promote responsible parenting among pregnant/parenting teens and parents of sexually active adolescents in Long Beach. The PATHS Project consists of twenty (20) trained student educators, who facilitate the Life Skills Training Program, and link

at-risk teens to services. A network of eighteen (18) participating agencies provide the following services: the Outreach/Media Campaign, Parenting classes, the "Little Sister" Mentoring Program, Job Training and Placement, and referral services via the computer-based FASTNET/Client Tracking Referral System.

## **EPIDEMIOLOGY**

### **Vital Statistics**

The Vital Statistics section is responsible for processing birth, fetal death, and death certificates for births and deaths occurring in the City of Long Beach. Staff review records for accuracy and completeness, enter records into the State's Automated Vital Statistics Systems (AVSS), and accept them for registration. Original certificates are transmitted to the Office of Vital Records and Statistics and local copies are prepared as a local record of births and deaths. Certified copies of records for the current year and the previous year are issued by the Department and assistance is provided to persons in amending records. Vital Statistics data is utilized in planning and evaluating local health programs.

### **Disease Surveillance**

Disease Surveillance staff are responsible for the surveillance of all reportable communicable diseases (Title 17, California Code of Regulations, Section 2500) in the City. Depending on the nature of the disease and the circumstances of the case or outbreak, Disease Surveillance staff will verify the diagnosis, make an investigation to determine the sources of the infection, and take appropriate steps to prevent or control the spread of the disease. The Disease Surveillance section generates weekly morbidity reports to the State Department of Health Services and quarterly and annual reports for local health programs.

## **COMMUNITY PLANNING**

### **Long Beach HIV Care Consortium**

The Department serves as the fiscal agent for the Long Beach HIV CARE Consortium. The Consortium is comprised of representatives of the Department, community-based HIV service providers, HIV

positive individuals, and members of the community.

The Consortium is responsible for setting funding priorities and selecting providers for services provided through Long Beach's allocation of Ryan White CARE Act, Title II funds. For FY 1997-98, the Consortium received \$257,613 and selected the following community-based organizations to provide services: California State University-Long Beach Center for Behavioral Research and Services, Memorial Miller Children's Hospital, ONE in Long Beach, Inc., and Santa Maria House, Inc.

The Consortium and the Bureau of Preventive Health are cooperating in the implementation and update of two community wide needs assessments—one focusing on HIV prevention services and the other focusing on HIV care needs. The needs assessments serve as a guide for the Department and the Consortium in the planning and delivery of HIV prevention and care services within Long Beach. Needs Assessment update activities are being funded by grants from the State of California Department of Health Services/Office of AIDS and the County of Los Angeles Department of Health Services/AIDS Programs and Policy.

## BUREAU OF ENVIRONMENTAL HEALTH

The Bureau of Environmental Health is responsible for protecting public health by preventing exposure to toxic substances, disease, unsanitary conditions and other environmental hazards through enforcement of municipal, State and Federal laws. Bureau programs include hazardous materials management, food, community sanitation, vector control, water quality, housing and noise control. This is accomplished by the enforcement of municipal, state and federal laws.

### Hazardous Materials Management Program

This program prevents employee, public and environmental exposure to hazardous materials and chemicals. Routine, complaint and emergency response inspections are made in the following areas: 1) Hazardous Waste Generators; 2) Illegal Storage/Disposal; 3) Contaminated Properties; 4) Medical Waste Generators; 5) Underground Storage Tanks; 6) Household Hazardous Waste; 7) Garment Manufacturers; and 8) Noise Monitoring. Environmental crime investigations are also performed within this program.

### Food Program

This program provides for the protection of the public health relating to food products. This is accomplished through plan check reviews and the licensing and inspection of all food facilities including restaurants, markets, food processors, bars, school cafeterias, food vehicles/carts, and temporary food stands.

### Community Sanitation Program

This program responds to citizen complaints and agency referrals about conditions on public and private property which threaten the public's health. Common complaints include: 1) Sewage/Waste Water Discharge; 2) Overgrown Vegetation; 3) Trash/Debris Build-up; and 4) Non-maintained Yard with pets. Additionally, routine inspections are performed on other licensed facilities such as health spas, tattoo/massage parlors and laundromats.

### Vector Control Program

This program protects the public from animals and insects which can transmit such diseases as rabies, encephalitis, plague, and typhus. This program monitors and controls vector populations citywide including insects (flies, mosquitoes, cockroaches and fleas) and rodents. Mosquito surveillance/abatement and rodent control activities are performed daily.

### Water Quality Program

The City's public water supply is protected by the testing and clearance of new water lines. Results of backflow device testing of all large commercial and residential buildings are checked annually. New





construction plans are also reviewed. Recreational water samples of the beach, bay and harbor are routinely collected and analyzed for bacterial content. Water-well construction/destruction is monitored and private sewer system complaints are investigated. All public and apartment pools and spas are inspected annually throughout the City. New construction plans are also reviewed.

### Housing Program

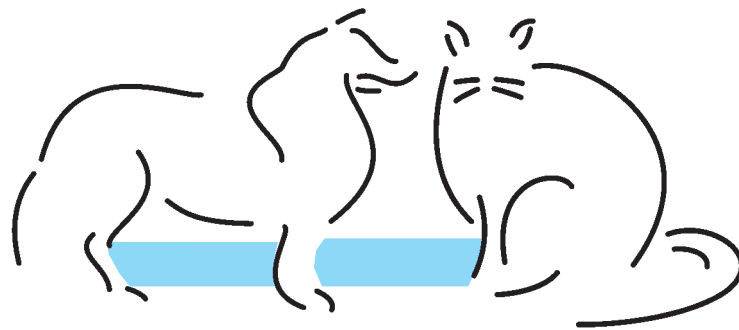
This program strives to ensure that dwelling units are clean and well-maintained. Routine inspections are performed annually on all multiple dwellings with four or more units. Units are checked for maintenance, use, sanitation and occupancy according to municipal and state codes. Types of housing regularly inspected include: 1) Apartment Buildings; 2) Hotels; 3) Motels; 4) Rooming Houses; and 5) Substandard Housing Complaints (1 to 3 units).

### HUD Lead-Based Paint Hazard Reduction/Control Project

The City of Long Beach-Department of Health and Human Services was selected by the U.S. Department of Housing and Urban Development (HUD) to introduce new and innovative methods to reduce and remove lead-based paint hazards in eleven hundred (1,100) or more pre-1940 apartment and housing units within the City. Basic components of the project include: 1) A community education and awareness program; 2) Provision of free lead-blood testing and case management for children through age 5 and pregnant women in the targeted housing; 3) An inspection program for lead-based paint hazards; 4) Provision of grants and no-interest loans for costs associated with the removal or control of lead-based paint hazards; and 5) Monitoring for lead-based paint hazards on targeted housing for up to one year after hazard control/reduction.

## BUREAU OF ANIMAL CONTROL

The Bureau of Animal Control is responsible for enforcing all Federal, State and local laws concerning ownership and treatment of animals within the City of Long Beach and contract cities. The major mission



is the protection of the public from rabies and other animal related diseases which may infect humans.

The Bureau has several secondary missions which include the following:

### Protection of Life Property

Committed to the protection of life and property, the Bureau deals with animals that roam at-large. These animals may create a public nuisance by threatening persons or destroying property, and causing injury to themselves or others.

### Dealing with Unwanted Pets

Responsible pet ownership requires the licensing, vaccination and restraint of the animal. Encouraging spay/neuter programs with responsible pet ownership is a major thrust of the Bureau.

### Wild Life Protection

Wild or exotic animals usually do not make good pets. These animals can pose danger if they are not properly housed. The Bureau has the authority and responsibility to enforce Federal, State, and local regulations governing wild and exotic pets.

The Bureau carries out the above missions by organizing into three separate programs:

### Administration/Kennels

The administration/kennel program handles dog licensing and adoption of animals, public relations programs, and the coordination of volunteers.

### Field Services

The field services program provides 24 hour field services to impound and rescue vicious, stray or injured animals; and provides emergency treatment to stray injured animals.

## Investigations

The investigation program investigates and prosecutes vicious dog complaints, barking dog complaints, animal cruelty and other crimes against animals.

The Bureau fosters community support and participation through two mechanisms: Pet Place and Friend of the Shelter. Pet Place is a cable television show that showcases animals from the shelter for adoption. Friends of the Shelter is a non-profit volunteer group that helps raise money for the Shelter and completes improvement projects at the facility.

In addition to the above services, the Bureau conducts rabies clinics to assist residents in complying with the licensing laws, provides education and public awareness programs concerning responsible pet ownership and spay/neutering. In FY 1996-97, the Bureau of Animal Control provided 22,130 service calls and handled a total of 26,049 animals.

## BUREAU OF HUMAN / SOCIAL SERVICES

The Bureau of Human/Social Services was created to reflect the City's commitment to addressing the social service and health needs of the community. Services include alcohol and drug rehabilitation services, family preservation, facilities centers which provide community services specific to demographic make-up of surroundings, and child care/homeless coordination.



## REHABILITATION SERVICES

The Rehabilitation Services Division provides drug and alcohol treatment, and recovery services to the community through a variety of specialized programs.

## Alcohol Community Prevention and Recovery Program (CPRP)

CPRP provides alcohol related services (both in English and Spanish) directed toward preventing and reducing alcohol problems among individuals, families, and the general community. This program offers educational assistance to the community through participation in public information programs, offering technical assistance to local social services agencies, and sponsoring awareness-related functions and programs. On an individual basis, the CPRP provides individual and group therapy, family therapy, and self-help meetings. This program provided 8,789 hours of direct service in FY 1996-97. Priority for treatment is given to Department of Children Services (DCS) referrals and HIV-positive persons.

## Outpatient Drug Free Program (OPDF)

This program provides outpatient treatment services to drug abusers and their families. The OPDF Program offers a number of services including: individual and group therapy, parenting skills classes, crisis intervention, urine toxicology, and Narcotics Anonymous and Cocaine Anonymous meetings. Approximately 5,603 hours of counseling were provided by this program in FY 1996-97. Priority for treatment is given to HIV positive persons and DCS referrals.

## Drinking Driver Program (DDP)

This program provides court mandated education and counseling to persons convicted of driving under the influence; 1st and multiple offense. Services offered through this program include: Alcohol Education, group counseling and Alcoholic Anonymous meetings, individual counseling, breathalyzer testing, intervention and referral. The DDP Program enrolled 455 clients in FY 1996-97.

## Employee Assistance Program (EAP)

EAP provides counseling and referral services to employees of the City of Long Beach and their families. Services include treatment and evaluation for problems related to job stress, relationship problems, substance abuse, and psychological or emotional problems. EAP provided services to 4,500 employees and their families in FY 1996-97. EAP provided

specialized services to other City Departments to meet Department of Transportation guidelines.

### Family Preservation Program (FPP)

In response to the increased numbers of children in Los Angeles County, over 38,000, living in foster care facilities, the Los Angeles County Department of Children's Services designed and implemented the Family Preservation Program. County child welfare departments are diverting a percentage of their foster care dollars to family preservation in order to strengthen and preserve families by reducing out-of-home placement and expediting the safe return of children to their families.

In FY 1996-97, the Department enrolled 116 families for services. The Department's contract was renewed to continue services until 1999.

### PC 1000 Drug Diversion (PC 1000)

#### Drug Diversion

This program provides court mandated education and counseling to persons convicted of drug related charges, including possession, under the influence, etc. Services offered through this program include education, group counseling, urine testing, and self-help meetings. PC 1000 enrolled 76 clients in FY 1996-97.

#### Domestic Violence

This program provides court and probation Department mandated counseling to persons convicted of domestic violence related offenses which may include the following: physical abuse, emotional abuse, sexual abuse, economic abuse and verbal abuse when used to coerce, dominate or exercise control over the victim. There were 27 enrollments after re-implementation in FY 1996-97.

### Juvenile Crime Prevention Program (JCPP)

In 1996-97, the Department subcontracted on a State grant with the Greater Long Beach YMCA to provide services in 3 areas of the JCPP.

#### Family Resource Center

This component is divided into two sections. The first section provides a 7-week prevention program entitled Beginning Alcohol and Addiction Basic Education Studies (BABES) to children ages 1 through

5. The component utilizes hand puppets to enable children to learn and practice living/loving skills to help them make positive early decisions about the use of alcohol and drugs. In 1996-97, we provided three 7-week programs to 240 children. Section two consists of a 12-week prevention education program for adults. In FY 1996-97, we have provided 2, 12-week education programs to 224 adults.

#### Families Together with Schools

This component is an 8-week series through the Long Beach Unified School District that works with families to assist children who are at-risk for future crime. In FY 1996-97, four 8-week series have been held for 47 families at Edison and International Elementary Schools.

#### Mothers and Sons

This JCPP component targets boys ages 10 through 14 and their single mothers. Programs consist of home visits, counseling, a Mothers' Support Group and "Eat and Sweat" recreation activities for the sons. In FY 1996-97, we provided services to 10 boys and their mothers.

#### Students Talking About Resisting Substances (STARS)

The program began in September of 1996. In FY 1996-97, the program recruited and successfully completed 13 Peer Counselors to work with the 10-13 year old target population. The Peer Counselors wrote and starred in a Public Service Announcement (PSA) promoting prevention in the focus areas. There were three focus groups held at Carmelitos Housing focusing on solutions for dealing with alcohol, drug, tobacco and violence prevention from a teen as well an adult point of view. We completed our first training class of target population at Springdale West Apartments.

#### Family Support Program

This program provides youth enrichment activities to the Long Beach community. Funding is through the Department of Children and Family Services without minimum income requirements. The components of the 1996-97 program are Summer camps through the Department of Parks, Recreation, and Marine and Ocean Challenge of Southern



California. This past year, the program provided a 3-on-3 basketball tournament, with the winning teams attending a week-long training camp at UCLA. Also, the program hosted a picnic in which members of the community were welcomed to attend.

#### Multi-Agency At-Risk Youth Committee (MAARY-C)

The purpose of this program is:

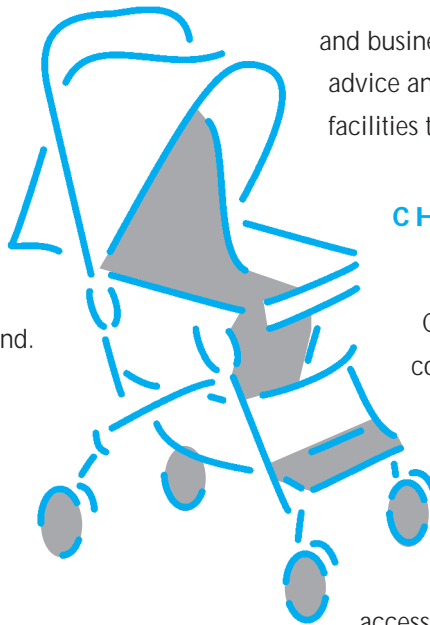
- 1) to increase community safety,
- 2) to determine early indicators of chronic juvenile delinquency,
- 3) to identify those youth who display characteristics of chronic juvenile delinquency, and 4) to develop a prevention program for these youth and their families. The operating premise of the MAARY-C is the belief that intervention at the earliest stages has the best chance for reduction of crime. This program started in April 1997 through June 1997. There were 14 at-risk youth identified and assessed for services.

### FACILITIES CENTERS

The Bureau operates three Facilities Centers located in the Central, North and West neighborhoods within the City. These Centers are provided for the benefit of the surrounding neighborhoods and offer a variety of community services. Free space is provided in each Center to various non-profit organizations who, in turn, provide services to the surrounding community. The Department also operates outreach clinics for its various public health programs in the Centers. The services offered at each of the Centers reflect the demographic makeup of the surrounding community. Some of the services offered include: day care services, emergency shelter referral, youth counseling, health counseling, senior services, and surplus food distribution. In addition, the North Facilities Center houses a special youth services center operated by the City's Department of Parks, Recreation and Marine.

Each Facilities Center has an advisory council consisting of neighborhood residents, professionals

and business persons. The councils provide advice and input pertaining to functioning of the facilities through monthly meetings.



### CHILD CARE PROGRAMS

Through the office of the Child Care Coordinator, the City is extending the commitment expressed in the Child Care Policy Statement. Through this office, the brochure "First Steps-A Planning and Building Guide" is available. A referral system partnership is in place to assist the community in accessing public/private childcare services. Public/private partnerships that address the issue of child care receive technical assistance.

### SOCIAL SERVICES

Each year the City of Long Beach allocates approximately \$450,000 to non-profit human service agencies within the City. The Social Services Grant Program is administered by the Department of Health and Human Services. A variety of different types of services are provided through this program including: senior citizen services, drug and alcohol abuse treatment services, children/youth/family services, family violence/sexual abuse and assault programs, emergency shelter and homeless service programs, health and mental health services, services for persons with disabilities, and gang violence/prevention programs. In FY 1997-98, 38 contracts were executed with local non-profit organization in Long Beach.

### HOMELESS SERVICES

The City's homeless services are administered by the Homeless Coordinator. Services offered through this program include applying for and distribution of Emergency Shelter Grant dollars and Continuum of Care Homeless Assistance funds, coordination of the Emergency Cold Weather Program, coordination of volunteer programs, and technical assistance to homeless service agencies. The Homeless Coordinator provides staff support to the Homeless Services

Advisory Committee, represents the City on State and County councils and coalitions and interfaces with the community to provide education, information and referrals regarding homeless issues and concerns.

## HOMELESS SERVICES ADVISORY COMMITTEE

The Bureau of Human/Social Services provides staff support to the Homeless Services Advisory Committee. The Committee was established to accomplish the following:

- a. To review policies, programs and activities connected with services for homeless persons in Long Beach.
- b. To submit recommendations to the Mayor and City Council relating to homeless matters.

## HUMAN RELATIONS COMMISSION

The Bureau of Human/Social Services also provides staff support to the Human Relations Commission. The Commission was established to accomplish the following:

- a. Provide a forum to achieve better human relations and promote goodwill among individuals, groups and institutions; to maintain civic pride and tranquility, and to enhance and improve mutual understanding and respect for all citizens of the community.
- b. Furnish the opportunity for promotion and encouragement of positive human relations among citizens, groups and institutions; and to consider, promote and develop programs for the reduction of tension, conflict, or violence which may arise from intolerance, prejudice and discrimination based upon race, religion, national origin, age, gender, sexual orientation, or physical or mental disability.
- c. Aid the City Council by submitting recommendations to it regarding policies and programs to promote goodwill and better relations among all people.

## CONCLUSION

The Health and Human Services Department offers a comprehensive array of public health and social services to the citizens of Long Beach. As an independent public health jurisdiction, the Department has been able to respond to the specific needs of the community and has developed programs which reflect the diversity of the City's population. With the complex array of individuals, neighborhoods and communities in City of Long Beach, responding to public health and human and social services needs is a daunting task for this Department, as well as for the wide range of community-based organizations operating in the City. In this era of service reduction, decreased funding, and increased risk of disease, the Department of Health and Human Services has a commitment to the entire City of Long Beach in its mission to ensure a healthy community for all.

## ADVISORY BOARDS, COUNCILS AND COMMITTEES

BOARD OF HEALTH AND HUMAN SERVICES

HUMAN RELATIONS COMMISSION

HOMELESS SERVICES ADVISORY COMMITTEE

FACILITIES CENTERS ADVISORY COMMITTEES

AFRICAN-AMERICAN INFANT HEALTH PROJECT

COALITION FOR A SMOKE-FREE LONG BEACH

IMMUNIZATION ACTION PLAN TASK FORCE

LONG BEACH HIV CARE CONSORTIUM

LONG BEACH COMMUNITY HIV  
ADVISORY COMMITTEE

LONG BEACH ROUNDTABLE

LONG BEACH TUBERCULOSIS COALITION

LONG BEACH COMMUNITY HEALTH COUNCIL

LATINO PRENATAL ADVISORY COMMITTEE

# DEPARTMENT OF HEALTH AND HUMAN SERVICES SERVICE LOCATIONS AND TELEPHONE NUMBERS

## **Main Facility**

2525 Grand Avenue  
Long Beach, CA 90815  
(562) 570-4000

Telecommunication Device for the Deaf (TDD)  
(562) 570-4346

TDD (Rehabilitation Services)  
(562) 570-4345

## **West Facilities Center**

2125 Santa Fe Avenue  
Long Beach, CA 90810  
(562) 570-4450

## **North Facilities Center**

6335 Myrtle Avenue  
Long Beach, CA 90805  
(562) 570-4500

## **Houghton Park Community Center**

6301 Myrtle Avenue  
Long Beach, CA 90805  
(562) 570-4451

## **Tobacco Education Program (TEP)**

1240 East Wardlow  
Long Beach, CA 90807  
(562) 570-8508

## **Senior Center**

1150 East 4th Street  
Long Beach, CA 90802  
(562) 570-3531

## **Central Facilities Center**

1133 Rhea Avenue  
Long Beach, CA 90806  
(562) 570-4400

## **Animal Control Bureau**

3001 East Willow  
Long Beach, CA 90806  
(562) 570-7387

## **Family Preservation Program**

830 Atlantic Avenue  
Long Beach, CA 90813  
(562) 570-1260

## **WIC Program (Satellite Location)**

17 East Market Street  
Long Beach, CA 90805  
(562) 570-4242

## **WIC Program (Satellite Location)**

1045 Elm Street, Suite 401  
Long Beach, CA  
(562) 570-4242